



EMDR Referral

Date of Referral: \_\_\_\_\_

Referring clinician: \_\_\_\_\_

Date of consult: \_\_\_\_\_

Client Name: \_\_\_\_\_ Client DOB: \_\_\_\_\_

Reason for Referral to treatment: \_\_\_\_\_

\_\_\_\_\_

Diagnosis (please include any previous diagnosis) \_\_\_\_\_

\_\_\_\_\_

Current medications: \_\_\_\_\_

Date of Intake to Be Inspired: \_\_\_\_\_

Reason for referral for EMDR: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Previous EMDR treatment: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Preferred treatment modalities (DBT,CBT,ACT,MI,etc.) \_\_\_\_\_

\_\_\_\_\_

Symptoms: \_\_\_\_\_



EMDR Referral

**Contributing factors to symptoms:** \_\_\_\_\_

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**Dissociation concerns: (DES-Y/N)** \_\_\_\_\_

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**Current safety concerns:** \_\_\_\_\_

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**Substance use concerns, current or prior to treatment:** \_\_\_\_\_

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**Issues related to religious influences:** \_\_\_\_\_

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**Issues related to gender identity/sexual preference:** \_\_\_\_\_

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**Cultural considerations:** \_\_\_\_\_

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**Identified strengths:** \_\_\_\_\_

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**EMDR Referral**

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**NOTES:**

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